

## SMITHFIELD/NORTH CACHE RECREATION SOCCER RULES

### LAW 1 THE FIELD

PRE-K	U6	U8	U10	U12
No penalty mark	No penalty mark	No penalty mark	Penalty mark	Penalty mark
60' long x 30' wide	90' long x 60' wide	120' long x 80' wide	165' long x 105' wide	210' long x 135' wide

- \*Goals outdoors will be secured to ground.
- \*Lines are part of the playing field.
- \*On game day, home team coach should mark the corners of the field with cones. Remember to pick them up after the game.

### LAW 2 THE BALL

PRE-K	U6	U8	U10	U12
Size #3	Size #3	Size #3	Size #4	Size #4

- \*Home team (first team on schedule) supplies the ball for their match only.
- \*Should be inflated from 5-8 lbs.
- \*If the ball becomes damaged a drop ball will restart the match.

### LAW 3 NUMBER OF PLAYERS

PRE-K	U6	U8	U10	U12
*No more than 4 on the field in 3 year old league. 5 on the field in 4-5 year old league. *Can start with 3.	*No more than 5 on the field. No Goalie *Can start with 3	*No more than 6 on the field. 5 v 5 plus goalie *Can start with 4.	*No more than 7 on the field. 6 v 6 plus goalie *Can start with 5.	*No more than 9 on the field. 8 v 8 plus goalie *Can start with 7
Free substitution anytime. *No Goalie	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters or halftime.

- \*In the event of a serious injury game will be stopped and player should be replaced.
- \*In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.
- \*Goalies can change with any player of his/her team that is already playing. Referee must be notified or a yellow card may be issued to both players involved.

### LAW 4 PLAYER'S EQUIPMENT

PRE-K	U6	U8	U10	U12
*Players must not wear anything that is dangerous to herself/himself or other players. *Casts can be worn if covered and approved by 1) Referee, 2) Players coach, 3) Opposing coach. If any of these three object then the player must comply. CASTS MUST BE APPROVED PRIOR TO THE GAME. *Soccer cleats can be worn. NO METAL OR TOE CLEATS. U6-up cleats or gym shoes *Pre-K gym shoes only in the spring indoor league. Can wear cleats in the fall outdoor league. *SHIN GUARDS ARE MANDATORY. *Jersey must be worn and tucked in. Warm weather clothes can be worn underneath the jersey. *Goalies need to wear top distinguishing them from other players and referees.				

### LAW 5 REFEREE

PRE-K	U6	U8	U10	U12
Coaches ref the games.	2 Referees	2 Referees	2 Referees	2 Referees

- \*Ensures correct number of players for the start of match. Forfeit time is 5 min. after scheduled start time. Or 5 min after previous game ends, provided previous game ended after scheduled start time.
- \*Makes sure Law 4 is enforced prior to game.
- \*Enforces all rules. Does not call incidental contact, focuses on intent of breach. Does not control the match by continually blowing the whistle.
- \*Stops play by blowing whistle and using correct hand gestures.
- \*Starts quarters, restart after goal, and penalty kicks with a whistle. Other restarts do not require a whistle.
- \*Acts professionally.
- \*Provides distance, when requested, for free kicks. 5 yards for U6&U8 8 yards for U10&U12
- \*Stops game the moment anyone sees lightning. Can also cancel due to harsh weather conditions. If game is into 3<sup>rd</sup>, 4<sup>th</sup> qt. no rematch. Optional if canceled earlier. Coach's discuss at that time.
- \*Administers red/yellow cards. Let's make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness.
- \*Act as a timekeeper
- \*Documents game, score, fouls, rescheduled games for weather at what point in game.

### LAW 7 DURATION OF GAME

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Four 5 minute quarters	Four 10 minute quarters	Four 10 min quarters	Four 12 min quarters	TWO 30 min halves
*1 minute interval between quarters *5 minute halftime interval				
<b>LAW 8 RESTARTS</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals can't be scored on a kick off.	*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals can be scored directly from kick off.	*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals can be scored directly from kick off.
*Defense on own half of field and outside of center circle. *Offense on own half of field and inside or outside of circle *Ball must roll forward or else a re-kick must happen. Distance does not matter. *If the kicker touches the ball a second time indirect kick is awarded to the other team.				
<b>LAW 9 BALL IN &amp; OUT OF PLAY</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*100% rule, Entire ball must cross the line to be in/out of play or score a goal.				
<b>LAW 10 METHOD OF SCORING</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Can't score on throw-in, kickoff.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.
<b>LAW 11 OFFSIDES</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*No offsides	*No offsides	*No offsides	*Offside position if you are on opponents half of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.	*Offside position if you are on opponents half of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.
<b>LAW 12 FOULS AND MISCONDUCTS</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Free kick on fouls	*Offside position if you are on opponents half of field and don't have	*Offside position if you are on opponents half of field and don't have	*Direct-kicking or attempting to kick,trip or attempt to, jumping	*Direct-kicking or attempting to kick,trip or attempt to, jumping

	<p>the ball and there aren't 2 defenders between you and the goal you're attacking.</p> <p>*Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.</p> <p>*Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.</p>	<p>the ball and there aren't 2 defenders between you and the goal you're attacking.</p> <p>*Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.</p> <p>*Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.</p>	<p>at, charging, striking or attempting, pushing,tackles before contacting ball, holding,spitting,touching ball. Any of these occur by defender inside penalty result is penalty kick.</p> <p>*Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.</p>	<p>at, charging, striking or attempting, pushing,tackles before contacting ball, holding,spitting,touching ball. Any of these occur by defender inside penalty result is penalty kick.</p> <p>*Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.</p>
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**LAW 13 FREE KICKS**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Indirect only	*Indirect only	*Indirect only	*Indirect *Direct *Penalty	*Indirect *Direct *Penalty

\*Ball must be stationary before played, and kicker does not touch a second time or indirect awarded to opposing team. Don't need to wait for referee signal except for penalty kick.

**LAW 14 PENALTY KICK**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*None	*None	*None	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement

**LAW 15 THROW IN**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Re-throw entire year 3 tries.	Re-throw entire year 3 tries.	Re-throw ½ season.	Re-throw ½ season.	Re-throw ½ season.

\*100% rule. If 100% is not in play same team re-throws until ball is in play.

\*Thrower can't touch ball before it has touched another player, Indirect kick is awarded.

**LAW 16 GOAL KICK**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
<p>*Defense outside of penalty area *Offense can be inside penalty area *Kick taken by any offensive team member anywhere inside goal box. *Ball does not become live until 100% has crossed penalty area.</p>				

**LAW 17 CORNER KICK**

\*Distance will be given if asked for. \*Can score goal directly for all ages.