



**Smithfield RECREATION**  
**Adult/Prep Basketball Leagues**  
**General Rules & Guidelines**

**All Leagues will abide by Utah High School Rules with the following exceptions:**

1. 2 eighteen-minute halves with the clock stopping only on time-outs and foul shots, except the last 2-minutes of each half when the clock will stop on every dead ball or whistle.
2. Each team is allowed 2 time-outs per half and 1 in overtime. Time-outs do not carry over into the second half or overtime.
3. Each team must begin the game with at least 4 players. There will be no more than a five-minute leeway after the scheduled game time for a team to field at least 4 players. After that the game will be ruled a forfeit. Please make sure this does not happen!!! If you know in advance that your team is going to forfeit, please call the Recreation Center as soon as possible so we can notify the other team and the referees.
4. If a team forfeits 2 games in the regular season they will be ineligible to participate in the tournament. If a team forfeits a 3<sup>rd</sup> time they will be disqualified from both the league and tournament.
5. All players must be at least 16 years of age to participate in the Adult Leagues. 15 – 18 for Prep Leagues.
6. In the Men’s Open Competitive League there are no restrictions on past playing experience.
7. In the Men’s League no former college players are allowed to play unless they are 30 years old or older.
8. In the Ladies League there are no restrictions on past playing experience.
9. In the Prep League all players must currently be in 9-12 grade. In the Spring League there is a maximum number of players per team with any varsity experience allowed (see chart below). All teams are encouraged to have an adult coach.
 

School size	Players with any varsity experience allowed
5A & 6A schools	2
3A & 4A schools	2
1A & 2A schools	3

If a team has players from multiple schools and has players from a large and small classification school they automatically fall under the larger classification. For instance; if a team has almost all 2A school classification players but also has players that have varsity experience at a 4A school that team is classified as a 4A school and can only have 2 players with any varsity experience. (This rule applies to the Spring League only)
10. Each team is required to have the same colored jerseys with numbers on front and back of jersey.
11. Offensive language or behavior, un-sportsmanship or fighting will not be tolerated. If a player, coach, or spectator is disqualified from the game he/she must leave the gymnasium. If the ejected person refuses to leave, the game will be ruled a forfeit, and the ejected person will lose his/her privilege to participate or spectate in the league for the remainder of the season. If a player, coach or spectator is involved in a fight they could be suspended for the entire season and could possibly face criminal charges. All such instances will be reported immediately to the Smithfield City Police Department. A team that has a player, coach or spectator involved in any such unsportsmanlike behavior could also be suspended and/or disqualified from the league.
 

**If a player, coach or spectator is ejected from the game he/she is automatically suspended for at least one game.**  
**If a player, coach or spectator is ejected a second time during the season he/she is suspended for the remainder of the season including tournament play.**
12. Foul Shots: High School Rules
13. All games must start on time. Please have a full team by game time.
14. Time-outs will last for 1 minute.
15. There will be a 3-minute intermission at half time.
16. If overtime is required there will be a 3-minute overtime period. This rule will apply for the 1<sup>st</sup> & 2<sup>nd</sup> overtimes. If a 3<sup>rd</sup> overtime is required the first team to score 3 points wins.
17. Players can only play on one team that participates in the same league, and must play a minimum of two regular season games to be eligible for tournament play.

