

# Smithfield Recreation Youth Soccer Rules

In accordance with the State of Utah’s phased guidelines, the following precautions will take place this season. We ask that patrons and participants abide by these guidelines.

- Participants will be screened for COVID-19 symptoms before participating in practice or games. Those who are symptomatic cannot participate.
- Participants should sanitize their hands before, during and after participation.
- Spectators should maintain 6’ distance from other family groups and wear face coverings when physical distancing guidelines are difficult to maintain.
- Coaches and staff will wear face coverings when within 6’ of a participant.
- If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they will be excluded from participation for at least 14 days from their last exposure.
- The coaches will take role at each practice and game to assist with contact tracing.
- The soccer balls and other high-touch surfaces will be sanitized between each game.

<b>LAW 1 THE FIELD</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
No penalty mark	No penalty mark	No penalty mark	Penalty mark	Penalty mark
60’ long x 30’ wide	90’ long x 60’ wide	120’ long x 80’ wide	165’ long x 105’ wide	90’ Long x 60’ Wide
*Goals outdoors will be secured to ground. *Lines are part of the playing field.				
<b>LAW 2 THE BALL</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Size #3	Size #3	Size #3	Size #4	Size #4
*Home team (first team on schedule) supplies the ball for their match only. *Should be inflated from 5-8 lbs. *If the ball becomes damaged a drop ball will restart the match.				
<b>LAW 3 NUMBER OF PLAYERS</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*No more than 4 on the field in 3 year old league. 5 on the field in 4-5 year old league. *Can start with 3.	*No more than 5 on the field. No Goalie *Can start with 3	*No more than 6 on the field. 5 v 5 plus goalie *Can start with 4.	*No more than 7 on the field. 6 v 6 plus goalie *Can start with 5.	*No more than 4 on the field and no more than 2 males. 4 v 4 No goalie *Can start with 3

Free substitution anytime. *No Goalie	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters or halftime.
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\*In the event of a serious injury game will be stopped and player should be replaced.  
 \*In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.  
 \*Goalies can change with any player of his/her team that is already playing. Referee must be notified or a yellow card may be issued to both players involved.

**LAW 4 PLAYER'S EQUIPMENT**

PRE-K	U6	U8	U10	U12
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\*Players must not wear anything that is dangerous to herself/himself or other players.  
 \*Casts can be worn if covered and approved by 1) Referee, 2)Players coach, 3)Opposing coach. If any of these three object then the player must comply. CASTS MUST BE APPROVED PRIOR TO THE GAME.  
 \*Soccer cleats can be worn. NO METAL OR TOE CLEATS. U6-up cleats or gym shoes  
 \*Pre-K gym shoes only in the spring indoor league. Can wear cleats in the fall outdoor league.  
 \*SHIN GUARDS ARE MANDATORY.  
 \*Jersey must be worn and tucked in. Warm weather clothes can be worn underneath the jersey.  
 \*Goalies need to wear top distinguishing them from other players and referees.

**LAW 5 REFEREE**

PRE-K	U6	U8	U10	U12
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Coaches ref the games.	1 Referees	2 Referees	2 Referees	1 Referees
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\*Ensures correct number of players for the start of match. Forfeit time is 5 min. after scheduled start time. Or 5 min after previous game ends, provided previous game ended after scheduled start time.  
 \*Makes sure Law 4 is enforced prior to game.  
 \*Enforces all rules. Does not call incidental contact, focuses on intent of breach. Does not control the match by continually blowing the whistle.  
 \*Stops play by blowing whistle and using correct hand gestures.  
 \*Starts quarters, restart after goal, and penalty kicks with a whistle. Other restarts do not require a whistle.  
 \*Acts professionally.  
 \*Provides distance, when requested, for free kicks. 5 yards for U6&U8 8 yards for U10&U12  
 \*Stops game the moment anyone sees lightening. Can also cancel due to harsh weather conditions. If game is into 3<sup>rd</sup>,4<sup>th</sup> qt. no rematch. Optional if canceled earlier. Coach's discuss at that time.  
 \*Administers red/yellow cards. Let's make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness.  
 \*Act as a timekeeper  
 \*Documents game, score, fouls, rescheduled games for weather at what point in game.

**LAW 7 DURATION OF GAME**

PRE-K	U6	U8	U10	U12
Four 5 minute quarters	Four 8 min quarters	Four 10 min quarters	Four 12 min quarters	Four 12 min quarters

\*1 minute interval between quarters  
 \*5 minute halftime interval

**LAW 8 RESTARTS**

PRE-K	U6	U8	U10	U12
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*Home team chooses which goal to attack at start of game.	*Home team chooses which goal to attack at start of game.	*Coin toss determines which goal to attack at start of	*Coin toss determines which goal to attack at start of game. Other team receives kickoff.	*Coin toss determines which goal to attack at start of game. Other team receives kickoff.
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Away team receives the kick off. *Goals can't be scored on the kick off.	Away team receives the kick off. *Goals can't be scored on the kick off.	game. Other team receives kickoff. *Goals can't be scored on a kick off.	*Goals can be scored directly from kick off.	*Goals can be scored directly from kick off.
<p>*Defense on own half of field and outside of center circle.          *Offense on own half of field and inside or outside of circle          *Ball must roll forward or else a re-kick must happen. Distance does not matter.          *If the kicker touches the ball a second time indirect kick is awarded to the other team.</p>				
<b>LAW 9 BALL IN &amp; OUT OF PLAY</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*100% rule, Entire ball must cross the line to be in/out of play or score a goal.				
<b>LAW 10 METHOD OF SCORING</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Can't score on throw-in, kickoff.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect.  *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect.  *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect.  *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect.  *Can score on corner kicks.
<b>LAW 11 OFFSIDES</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*No offsides	*No offsides	*No offsides	*Offside position if you are on opponents half of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.	*Offside position if you are on opponents half of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.
<b>LAW 12 FOULS AND MISCONDUCTS</b>				
<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Free kick on fouls	*Offside position if you are on	*Offside position if you are on opponents half	*Direct-kicking or attempting to kick,trip or attempt to, jumping	*Direct-kicking or attempting to kick,trip or attempt to, jumping

	opponents half of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.	of field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking.  *Cant be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.  *Offside position won't be called until you are part of the play. (with or without ball) Indirect free kick.	at, charging, striking or attempting, pushing,tackles before contacting ball, holding,spitting,touching ball. Any of these occur by defender inside penalty result is penalty kick.  *Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.	at, charging, striking or attempting, pushing,tackles before contacting ball, holding,spitting,touching ball. Any of these occur by defender inside penalty result is penalty kick.  *Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.
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**LAW 13 FREE KICKS**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Indirect only	*Indirect only	*Indirect only	*Indirect *Direct *Penalty	*Indirect *Direct *Penalty

\*Ball must be stationary before played, and kicker does not touch a second time or indirect awarded to opposing team. Don't need to wait for referee signal except for penalty kick.

**LAW 14 PENALTY KICK**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*None	*None	*None	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement

**LAW 15 THROW IN**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
Re-throw entire year 3 tries.	Re-throw entire year 3 tries.	Re-throw ½ season.	Re-throw ½ season.	Re-throw ½ season.

\*100% rule. If 100% is not in play same team re-throws until ball is in play.  
\*Thrower can't touch ball before it has touched another player, Indirect kick is awarded.

**LAW 16 GOAL KICK**

<b>PRE-K</b>	<b>U6</b>	<b>U8</b>	<b>U10</b>	<b>U12</b>
*Defense outside of penalty area				

\*Offense can be inside penalty area

\*Kick taken by any offensive team member anywhere inside goal box.

\*Ball does not become live until 100% has crossed penalty area.

**LAW 17 CORNER KICK**

\*Distance will be given if asked for. \*Can score goal directly for all ages.