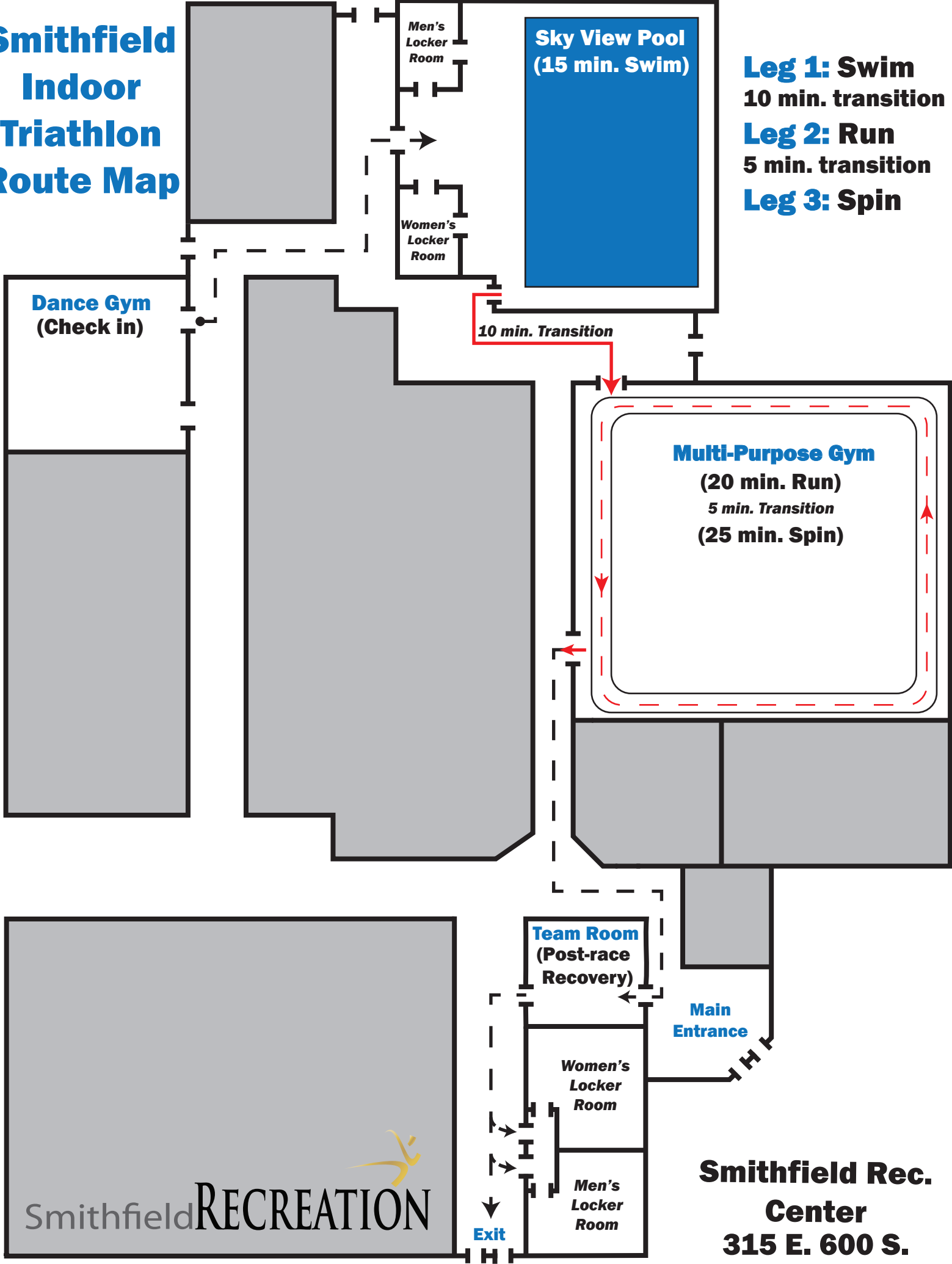


Smithfield Indoor Triathlon Route Map



Leg 1: Swim
10 min. transition

Leg 2: Run
5 min. transition

Leg 3: Spin

Dance Gym (Check in)

10 min. Transition

Multi-Purpose Gym
(20 min. Run)
5 min. Transition
(25 min. Spin)

Team Room (Post-race Recovery)

Main Entrance

Women's Locker Room

Men's Locker Room

Smithfield **RECREATION**

Smithfield Rec. Center
315 E. 600 S.