



Smithfield RECREATION

Competitive Youth Basketball Leagues/Tournaments

Rules and Regulations

Covid-19 policies

- All parents must self-screen themselves and their child for any Covid-19 symptoms prior to coming to the gyms. If they have any symptoms, they are not allowed to participate, and we would ask that they stay home. Those that have recently been exposed to someone that has Covid-19 cannot participate and must not attend games unless they have been fully vaccinated.
- All participants should wash and sanitize their hands often.
- Masks are encouraged for spectators and for those on the bench.
- Coaches are responsible to track team attendance at every game to assist with contact tracing.
- All high touch surfaces will be sanitized often.
- Teams should not shake hands prior to or at the end of each game.

UTAH HIGH SCHOOL RULES WITH THE FOLLOWING EXCEPTIONS:

- Players:** All players must be in the grade that their team is registered for and must be able to show proof if asked. Players can play up a grade but cannot play down. **A player cannot play on two teams in the same age division.** Each team must begin the game with at least 4 players. All games must start on time. There will be no more than a five-minute allowance after the scheduled game time for a team to field at least 4 players. After the five minutes, the game will be ruled a forfeit.
- Warm up Times:** Games need to start on time if possible; therefore, warm-up time will be limited to whatever time is left before the scheduled game time.
- Length of Games:** Two 14-minute halves, with the clock stopping only on free throws, injuries, and timeouts the first 12-minutes of each half. During the last 2-minutes of each half, the clock will stop on every dead ball.
- Ball Size:** The smaller 28.5 ball will be used in the 3rd/4th & 5th grade league/tournament. All other divisions will use the regulation size ball. All girls' leagues will use the 28.5 ball.
- Timeouts:** Each team will receive (2) time-outs per half and (1) in overtime. Timeouts will last 1-minute each and do not carry over into the second half or overtime.
- Overtime:** If the game is tied at the end of regulation, a 2-minute overtime period will be played to decide the winner. This rule will be in effect for the first overtime. Play during a 2nd overtime will be decided by first team that scores 3 points wins. No time will be kept during the 2nd overtime.
- Halftime:** Halftime will be 2-minutes long.
- Officials:** Experienced referees will be hired to officiate all games. An effort will be made by the league/tournament director to hire certified officials only for each game. This is a competitive league/tournament, so officials will be instructed to call everything.
- Technical Fouls:** If a player receives 2 technical fouls in a game, he/she will be disqualified from the game and must sit on the bench the rest of the game. He/She is also suspended for the next scheduled game. If a coach receives 2 technicals in a game, or is otherwise disqualified, he/she must leave the gym entirely. He/She is also suspended for the next scheduled game. If a player or coach is disqualified a second game during the season/tournament, he/she will be suspended from the league/tournament and may become ineligible to participate in any future leagues/tournaments sponsored by the Smithfield Recreation Department.
- Tournament Rules:** During the league tournament, only players that have played in at least 2 regular season games with their team will be eligible to participate. All other regular season rules will apply.
(League play only does not apply to TOU)
- Behavior:** Offensive language or behavior, un-sportsmanship or fighting will not be tolerated. If a coach or player is involved in an altercation he/she could be suspended for the entire season/tournament, and could face criminal charges. All instances will be reported immediately to the Smithfield City Police Department. A team that has a coach or player involved in an altercation could be disqualified from the league/tournament. This rule also applies to spectators at the games. The league/tournament director reserves the right to suspend coaches, players, spectators, and teams. We ask each coach and parent to do their best to ensure a fun, positive experience for all.