



Competitive Youth Basketball Leagues/Tournaments

Rules and Regulations

UTAH HIGH SCHOOL RULES WITH THE FOLLOWING EXCEPTIONS:

- Players:** All players must be in the grade that their team is registered for and must be able to show proof if asked. Players can play up a grade but cannot play down. **A player cannot play on two teams in the same age division.** Each team must begin the game with at least 4 players. All games must start on time. There will be no more than a five-minute allowance after the scheduled game time for a team to field at least 4 players. After the five minutes, the game will be ruled a forfeit.
- Warm up Times:** Games need to start on time if possible; therefore, warm-up time will be limited to the time that is left before the scheduled game time.
- Length of Games:** Two 16-minute halves, with the clock stopping only on free throws, injuries, and timeouts the first 14-minutes of each half. During the last 2-minutes of each half, the clock will stop on every dead ball.
- Ball Size:** The smaller 28.5 ball will be used in the 3rd/4th & 5th grade league/tournament. All other divisions will use the regulation size ball. All girls' leagues will use the 28.5 ball.
- Timeouts:** Each team will receive (2) time-outs per half and (1) in overtime. Timeouts will last 1-minute each and do not carry over into the second half or overtime.
- Overtime:** If the game is tied at the end of regulation, a 2-minute overtime period will be played to decide the winner. This rule will be in effect for the first overtime. Play during a 2nd overtime will be decided by first team that scores 3 points wins. No time will be kept during the 3rd overtime.
- Halftime:** Halftime will be 3-minutes long.
- Officials:** Experienced referees will be hired to officiate all games. An effort will be made by the league/tournament director to hire certified officials only for each game. This is a competitive league/tournament, so officials will be instructed to call everything.
- Technical Fouls:** If a player receives 2 technical fouls in a game, he/she will be disqualified from the game and must sit on the bench the rest of the game. He/She is also suspended for the next scheduled game. If a coach receives 2 technicals in a game, or is otherwise disqualified, he/she must leave the gym entirely. He/She is also suspended for the next scheduled game. If a player or coach is disqualified a second game during the season/tournament, he/she will be suspended from the league/tournament and may become ineligible to participate in any future leagues/tournaments sponsored by the Smithfield Recreation Department. This rule applies to spectators as well.
- Tournament Rules:** (League play only does not apply to TOU) During the league tournament, only players that have played in at least 2 regular season games with their team will be eligible to participate. All other regular season rules will apply.
- Behavior:** Offensive language or behavior, un-sportsmanship or fighting will not be tolerated. If a coach or player is involved in an altercation, he/she could be suspended for the entire season/tournament and could face criminal charges. All instances will be reported immediately to the Smithfield City Police Department. A team that has a coach or player involved in an altercation could be disqualified from the league/tournament. This rule also applies to spectators at the games. The league/tournament director reserves the right to suspend coaches, players, spectators, and teams. We ask each coach and parent to do their best to ensure a fun positive experience for all.