

Smithfield Recreation Youth Soccer Rules



LAW 1 THE FIELD				
PRE-K	U6	U8	U10	U12
No penalty mark	No penalty mark	No penalty mark	Penalty mark	Penalty mark
60' long x 30' wide	90' long x 60' wide	140' long x 96' wide	140' long x 96' wide	120' Long x 70' Wide
*Goals outdoors will be secured to ground. *Lines are part of the playing field.				
LAW 2 THE BALL				
PRE-K	U6	U8	U10	U12
Size #3	Size #3	Size #3	Size #4	Size #4
*Home team (first team on schedule) supplies the ball for their match only. *Should be inflated from 5-8 lbs. *If the ball becomes damaged a drop ball will restart the match.				
LAW 3 NUMBER OF PLAYERS				
PRE-K	U6	U8	U10	U12
*No more than 4 on the field in 3-year-old league. 5 on the field in 4-5-year-old league. *Can start with 3.	*No more than 5 on the field. No Goalie *Can start with 3	*No more than 7 on the field. 6 v 6 plus goalie *Can start with 5.	*No more than 8 on the field. 7 v 7 plus goalie *Can start with 5.	*No more than 4 on the field. 4 v 4 No goalie *Can start with 3
Free substitution anytime. *No Goalie	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters or halftime.
*In the event of a serious injury game will be stopped and player should be replaced. *In the event of a minor injury play will be stopped at the next dead ball and player will be assessed. *Goalies can change with any player of his/her team that is already playing.				
LAW 4 PLAYER'S EQUIPMENT				
PRE-K	U6	U8	U10	U12
*Players must not wear anything that is dangerous to herself/himself or other players. *Casts can be worn if covered and approved by 1) Referee, 2) Player's coach, 3) Opposing coach. If any of these three objects, then the player must comply. CASTS MUST BE APPROVED PRIOR TO THE GAME. *Soccer cleats can be worn. NO METAL OR TOE CLEATS. U6-up cleats or gym shoes *Pre-K gym tennis shoes or soccer cleats may be worn. *SHIN GUARDS ARE MANDATORY. *Jersey must be worn, and warm weather clothes can be worn underneath the jersey. *Goalies need to wear top distinguishing them from other players and referees.				
LAW 5 REFEREE				
PRE-K	U6	U8	U10	U12

Coaches ref the games.	1 Referee	2 Referees	2 Referees	1 Referee
<p>*Ensures correct number of players for the start of match. Forfeit time is 5 min. after scheduled time. *Administers red/yellow cards. Let us make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness. *Act as a timekeeper</p>				
LAW 7 DURATION OF GAME				
PRE-K	U6	U8	U10	U12
Four 5-minute quarters	Four 8 min quarters	Four 10 min quarters	Four 12 min quarters	Four 12 min quarters
<p>*1 minute interval between quarters *3-minute halftime interval</p>				
LAW 8 RESTARTS				
PRE-K	U6	U8	U10	U12
<p>*Home team chooses which goal to attack at start of game. Away team receives the kickoff. *Goals cannot be scored on the kickoff.</p>	<p>*Home team chooses which goal to attack at start of game. Away team receives the kickoff. *Goals cannot be scored on the kickoff.</p>	<p>*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals cannot be scored on a kickoff.</p>	<p>*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals can be scored directly from kick off.</p>	<p>*Coin toss determines which goal to attack at start of game. Other team receives kickoff. *Goals can be scored directly from kick off.</p>
<p>*Defense on own half of field and outside of center circle. *Offense on own half of field and inside or outside of circle *Ball must roll forward or else a re-kick must happen. Distance does not matter. *If the kicker touches the ball a second time indirect kick is awarded to the other team.</p>				
LAW 9 BALL IN & OUT OF PLAY				
PRE-K	U6	U8	U10	U12
<p>*100% rule, Entire ball must cross the line to be in/out of play or score a goal.</p>				
LAW 10 METHOD OF SCORING				
PRE-K	U6	U8	U10	U12
<p>*Cannot score on throw-in, kickoff.</p>	<p>*Cannot score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.</p>	<p>*Cannot score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.</p>	<p>*Cannot score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.</p>	<p>*Cannot score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.</p>
LAW 11 OFFSIDES				
PRE-K	U6	U8	U10	U12
<p>*No offsidess</p>	<p>*No offsidess</p>	<p>*No offsidess</p>	<p>*Offside position if you are on opponent's half of field and do not have the ball and there are not 2 defenders</p>	<p>*Offside position if you are on opponent's half of field and do not have the ball and there are not 2 defenders</p>

			<p>between you and the goal you are attacking.</p> <p>*Cannot be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you are on your half of the field.</p> <p>*Offside position will not be called until you are part of the play. (with or without ball) Indirect free kick.</p>	<p>between you and the goal you are attacking.</p> <p>*Cannot be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you are on your half of the field.</p> <p>*Offside position will not be called until you are part of the play. (with or without ball) Indirect free kick.</p>
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LAW 12 FOULS AND MISCONDUCTS

PRE-K	U6	U8	U10	U12
Free kick on fouls	<p>*Offside position if you are on opponent's half of field and do not have the ball and there are not 2 defenders between you and the goal you are attacking.</p> <p>*Cannot be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.</p> <p>*Offside position will not be called until you are part of the play. (with or without ball) Indirect free kick.</p>	<p>*Offside position if you are on opponent's half of field and do not have the ball and there are not 2 defenders between you and the goal you are attacking.</p> <p>*Cannot be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field.</p> <p>*Offside position will not be called until you are part of the play. (with or without ball) Indirect free kick.</p>	<p>*Direct-kicking or attempting to kick, trip or attempt to, jumping at, charging, striking or attempting, pushing, tackles before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty result is penalty kick.</p> <p>*Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.</p>	<p>*Direct-kicking or attempting to kick, trip or attempt to, jumping at, charging, striking or attempting, pushing, tackles before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty result is penalty kick.</p> <p>*Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate, play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.</p>

LAW 13 FREE KICKS

PRE-K	U6	U8	U10	U12
*Indirect only	*Indirect only	*Indirect only	*Indirect *Direct *Penalty	*Indirect *Direct *Penalty

*Ball must be stationary before played, and kicker does not touch a second time or indirect awarded to opposing team. Don't need to wait for referee signal except for penalty kick.

LAW 14 PENALTY KICK

PRE-K	U6	U8	U10	U12
*None	*None	*None	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement
LAW 15 THROW IN				
PRE-K	U6	U8	U10	U12
Re-throw entire year 3 tries.	Re-throw entire year 3 tries.	Re-throw ½ season.	Re-throw ½ season.	Re-throw ½ season.
*100% rule. If 100% is not in play same team re-throws until ball is in play. *Thrower can't touch ball before it has touched another player, Indirect kick is awarded.				
LAW 16 GOAL KICK				
PRE-K	U6	U8	U10	U12
*Defense outside of penalty area *Offense can be inside penalty area *Kick taken by any offensive team member anywhere inside goal box. *Ball does not become live until 100% has crossed penalty area.				
LAW 17 CORNER KICK				
*Distance will be given if asked for. *Can score goal directly for all ages.				