# Smithfield Recreation Youth Soccer Rules



LAW 1 THE FIELD				
PRE-K	U6	U8	U10	U12
No penalty mark	No penalty mark	No penalty mark	Penalty mark	Penalty mark
60' long x 30'	90' long x 60'	140 'long x 96'	140' long x 96'wide	120' Long x 70' Wide
wide	wide	wide		

<sup>\*</sup>Goals outdoors will be secured to ground.

<sup>\*</sup>Lines are part of the playing field.

LAW 2 THE BALL				
PRE-K U6 U8 U10 U12				U12
Size #3	Size #3	Size #3	Size #4	Size #4

<sup>\*</sup>Home team (first team on schedule) supplies the ball for their match only.

<sup>\*</sup>If the ball becomes damaged a drop ball will restart the match.

LAW 3 NUMBER OF PLAYERS					
PRE-K	U6	U8	U10	U12	
*No more than 4 on the field in 3-year-old league. 5 on the field in 4–5-year-old league. *Can start with 3.	*No more than 5 on the field. No Goalie *Can start with 3	*No more than 7 on the field. 6 v 6 plus goalie *Can start with 5.	*No more than 8 on the field. 7 v 7 plus goalie *Can start with 5.	*No more than 4 on the field. 4 v 4 No goalie *Can start with 3	
Free substitution anytime. *No Goalie	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters or halftime.	

<sup>\*</sup>In the event of a serious injury game will be stopped and player should be replaced.

<sup>\*</sup>Goalies can change with any player of his/her team that is already playing.

LAW 4 PLAYER'S EQUIPMENT					
PRE-K	PRE-K U6 U8 U10 U12				

<sup>\*</sup>Players must not wear anything that is dangerous to herself/himself or other players.

<sup>\*</sup>Goalies need to wear top distinguishing them from other players and referees.

LAW 5 REFEREE					
PRE-K	U6	U8	U10	U12	

<sup>\*</sup>Should be inflated from 5-8 lbs.

<sup>\*</sup>In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.

<sup>\*</sup>Casts can be worn if covered and approved by 1) Referee, 2) Player's coach, 3) Opposing coach. If any of these three objects, then the player must comply. CASTS MUST BE APPROVED PRIOR TO THE GAME.

<sup>\*</sup>Soccer cleats can be worn. NO METAL OR TOE CLEATS. U6-up cleats or gym shoes

<sup>\*</sup>Pre-K gym tennis shoes or soccer cleats may be worn.

<sup>\*</sup>SHIN GUARDS ARE MANDATORY.

<sup>\*</sup>Jersey must be worn, and warm weather clothes can be worn underneath the jersey.

Coaches ref the	1 Referee	2 Referees	2 Referees	1 Referee
games.				

<sup>\*</sup>Ensures correct number of players for the start of match. Forfeit time is 5 min. after scheduled time.

## **LAW 7 DURATION OF GAME**

PRE-K	U6	U8	U10	U12
Four 5-minute	Four 8 min	Four 10 min	Four 12 min quarters	Four 12 min quarters
quarters	quarters	quarters		

<sup>\*1</sup> minute interval between quarters

# **LAW 8 RESTARTS**

PRE-K	U6	U8	U10	U12
*Home team	*Home team	*Coin toss	*Coin toss determines	*Coin toss determines
chooses which	chooses which	determines	which goal to attack at	which goal to attack at
goal to attack at	goal to attack at	which goal to	start of game. Other	start of game. Other
start of game.	start of game.	attack at start of	team receives kickoff.	team receives kickoff.
Away team	Away team	game. Other		
receives the	receives the	team receives	*Goals can be scored	*Goals can be scored
kickoff.	kickoff.	kickoff.	directly from kick off.	directly from kick off.
*Goals cannot be	*Goals cannot			
scored on the	be scored on the	*Goals cannot		
kickoff.	kickoff.	be scored on a		
		kickoff.		

<sup>\*</sup>Defense on own half of field and outside of center circle.

# **LAW 9 BALL IN & OUT OF PLAY**

PRE-K	U6	U8	U10	U12			
*100% rule. Entire							

#### 100% rule, Entire bail must cross the line to be infout of play of score a goo

# LAW 10 METHOD OF SCORING

PRE-K	U6	U8	U10	U12
*Cannot score on	*Cannot score	*Cannot score	*Cannot score on throw-	*Cannot score on throw-
throw-in, kickoff.	on throw-in,	on throw-in,	in, kickoff, and any free	in, kickoff, and any free
	kickoff, and any	kickoff, and any	kick since they are all	kick since they are all
	free kick since	free kick since	indirect.	indirect.
	they are all	they are all		
	indirect.	indirect.	*Can score on corner	*Can score on corner
			kicks.	kicks.
	*Can score on	*Can score on		
	corner kicks.	corner kicks.		
	corner kicks.	corner kicks.	FECIDEC	

## **LAW 11 OFFSIDES**

PRE-K	U6	U8	U10	U12
*No offsides	*No offsides	*No offsides	*Offside position if you	*Offside position if you
			are on opponent's half	are on opponent's half
			of field and do not have	of field and do not have
			the ball and there are	the ball and there are
			not 2 defenders	not 2 defenders

<sup>\*</sup>Administers red/yellow cards. Let us make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness.

<sup>\*</sup>Act as a timekeeper

<sup>\*3-</sup>minute halftime interval

<sup>\*</sup>Offense on own half of field and inside or outside of circle

<sup>\*</sup>Ball must roll forward or else a re-kick must happen. Distance does not matter.

<sup>\*</sup>If the kicker touches the ball a second time indirect kick is awarded to the other team.

			between you and the	between you and the	
			goal you are attacking.	goal you are attacking.	
			*Cannot be offside on a	*Cannot be offside on a	
			goal kick, corner kick,	goal kick, corner kick,	
			throw-in, if you have the	throw-in, if you have the	
			ball, or if you are on	ball, or if you are on	
			your half of the field.	your half of the field.	
			*Offside position will	*Offside position will	
			not be called until you	not be called until you	
			are part of the play.	are part of the play.	
			(with or without ball)	(with or without ball)	
			Indirect free kick.	Indirect free kick.	
		W 12 FOULS AND	MISCONDUCTS		
PRE-K	U6	U8	U10	U12	
Free kick on fouls	*Offside	*Offside position	*Direct-kicking or	*Direct-kicking or	
	position if you	if you are on	attempting to kick, trip	attempting to kick, trip	
	are on	opponent's half	or attempt to, jumping	or attempt to, jumping	
	opponent's half	of field and do	at, charging, striking or	at, charging, striking or	
	of field and do	not have the ball	attempting, pushing,	attempting, pushing,	
	not have the ball	and there are	tackles before	tackles before	
	and there are	not 2 defenders	contacting ball,	contacting ball,	
	not 2 defenders	between you	holding,spitting,touching	holding,spitting,touching	
	between you	and the goal you	ball. Any of these occur	ball. Any of these occur	
	and the goal you	are attacking.	by defender inside	by defender inside	
	are attacking.	*Cannot be	penalty result is penalty kick.	penalty result is penalty kick.	
	*Cannot be	offside on a goal	KICK.	KICK.	
	offside on a goal	kick, corner kick,			
	kick, corner kick,	throw-in, if you	*Indirect- Goalie taking	*Indirect- Goalie taking	
	throw-in, if you	have the ball, or	more than 6 sec. to get	more than 6 sec. to get	
	have the ball, or	if you're on your	rid of the ball, goalie	rid of the ball, goalie	
	if you're on your	half of the field.	touching ball after	touching ball after	
	half of the field.	nan or the neral	released from	released from	
		*Offside position	possession, goalie	possession, goalie	
	*Offside	will not be called	touches ball after	touches ball after	
	position will not	until you are	deliberately played to	deliberately played to	
	be called until	part of the play.	her/him by teammate,	her/him by teammate,	
	you are part of	(with or without	play of dangerous	play of dangerous	
	the play. (with	ball) Indirect free	manner, obstruction,	manner, obstruction,	
	or without ball)	kick.	prevent throw-in or	prevent throw-in or	
	Indirect free		goalie release of ball.	goalie release of ball.	
	kick.				
	T	LAW 13 FRE	1		
PRE-K	U6	U8	U10	U12	
*Indirect only	*Indirect only	*Indirect only	*Indirect	*Indirect	
			*Direct	*Direct	
			*Penalty	*Penalty	
			t touch a second time or inc	direct awarded to	
opposing team. Do	on't need to wait for	referee signal exce			
		LAW 14 PENA	ALTY KICK		

PRE-K	U6	U8	U10	U12		
*None	*None	*None	*Law 12 direct offenses	*Law 12 direct offenses		
			in penalty area	in penalty area		
			committed by defending	committed by defending		
			team.	team.		
			*Goalie location	*Goalie location		
			*Other player location	*Other player location		
			*Event of infringement	*Event of infringement		
LAW 15 THROW IN						
PRE-K	U6	U8	U10	U12		
Re-throw entire	Re-throw entire	Re-throw ½	Re-throw ½ season.	Re-throw ½ season.		
year 3 tries.	year 3 tries.	season.				
*100% rule. If 100% is not in play same team re-throws until hall is in play						

<sup>\*100%</sup> rule. If 100% is not in play same team re-throws until ball is in play.

<sup>\*</sup>Thrower can't touch ball before it has touched another player, Indirect kick is awarded.

LAW 16 GOAL KICK						
PRE-K	U6	U8	U10	U12		

<sup>\*</sup>Defense outside of penalty area

# **LAW 17 CORNER KICK**

\*Distance will be given if asked for. \*Can score goal directly for all ages.

<sup>\*</sup>Offense can be inside penalty area

<sup>\*</sup>Kick taken by any offensive team member anywhere inside goal box.

<sup>\*</sup>Ball does not become live until 100% has crossed penalty area.