



Smithfield Indoor Triathlon

Swim	Spin	Run
50 yards per lap	Read bike console	13 laps per mile

Age Group	Place	Name	Age	Gender	(laps)	(miles)	(laps)	Total Distance
0-19 yrs (Female)	1	Elizabeth Hall	F	16	19	7.8	32	14.34
	2	Taylor Sampson	F	19	13	7.7	21	12.04
(Male)	1	Jacob Snow	M	15	16	8.7	33	15.14
	2	Jack Irvine	M	17	12	8.1	39	15.12
	3	Max Dallon	M	14	21	8.8	28	14.90
	4	Gabriel Pace	M	14	18	8	29	14.00
	5	Luke Dallon	M	14	8	8.2	30	13.50
	6	Keith Irvine	M	11	10	5.8	25	10.50
20-29 yrs (Female)	1	Katelyn Oliverson	F	22	15	8.7	22	13.36
	2	Michelle Brown	F	29	13	8	25	12.95
	3	Sidney Trainor	F	24	11	7.1	28	12.35
	4	Courtney Hudson	F	26	12	7.2	23	11.76
(Male)	1	Zachary Crump	M	28	12	9.2	30	14.84
	2	Ethan Spendlove	M	26	15	8.2	24	13.17
	3	Sylvan Needham	M	29				DNS

30-39 yrs*(Female)*

1	Kara Kurth	F	37	15	8.6	35	15.26
2	Sydney Christiansen	F	36	17	7.5	27	13.10
3	Brynn Dexter	F	38	13	7.5	26	12.61
4	Sarakay Larsen	F	34	7	8	26	12.60
5	Alisha Turpin	F	34	11	7.5	27	12.59
6	Nicole Dymock	F	31	12	7.6	25	12.47
7	Toni Suter	F	39	12	7.6	24	12.32
8	Raechel Chambers	F	39	13	7.2	25	12.15
9	Ronnie Love	F	36	15	7.6	21	12.11
10	Hilary Christensen	F	39	10	7.7	22	11.94
11	Gentry James	F	35	9	6.8	27	11.72
12	Jamie Felix	F	32	10	6.3	24	10.84
13	Taylor Wille	F	30	12	6.2	22	10.61
14	Kate Bennion	F	35	11	6.8	17	10.35
15	Ashley Wilson	F	31	10	6.4	18	10.02
16	Marissa Garr	F	36	0	0	0	DNS
17	Tiffany Smart	F	33	0	0	0	DNS

(Male)

1	Bryce Miller	M	38	17	10.3	30	16.36
2	Alessandro Corro	M	30	16	9.7	33	16.14
3	Tyson Hamilton	M	34	17	9.5	31	15.72
4	Kyle Gordon	M	35	13	9	33	15.185
5	Christopher Heaps	M	33	13	9.3	31	15.177
6	Orson Zarate	M	38	15	9.4	29	15.14

7	John Marett	M	33	18	8.8	31	15.10
8	Ty Pebley	M	34	17	9.5	26	14.95
9	David Robinson	M	35	14	9.8	24	14.69
10	Christopher Wilson	M	35	16	8.7	29	14.53
11	Mark Howland	M	33	15	8.6	26	13.88
12	Jon Shook	M	35	13	8.6	27	13.86
13	Keaton Smart	M	33	10	8.2	27	13.21
14	Swede Struve	M	31	11	7.7	22	12.02
15	Hugh Love	M	32	0	0	0	DNS

40-49 yrs

(Female)

1	Ruth Dye	F	46	18	8.4	32	14.86
2	Stephanie Hall	F	49	13	8.5	34	14.84
3	Marcie Greenmun	F	40	15	9.1	27	14.53
4	Kate Anderson	F	44	13	8.1	27	13.36
5	Tamara Sampson	F	44	13	7.6	28	13.02
6	Kathryn Beus	F	42	10	7.6	27	12.61
7	Kate Bodily	F	41	10	7.6	23	11.99
8	Charity Anderson	F	45	13	7	24	11.80
9	Lindsay Wright	F	43	11	8.2	17	11.75
10	Becca Irvine	F	40	11	7	24	11.63
11	Kendl Watt	F	40	11	7.1	21	11.27

(Male)

1	Shawn Seamons	M	42	20	9.6	31	16.07
2	Cory Keate	M	41	12	9.5	35	15.91
3	Kevin Nielsen	M	44	13	9.9	29	15.47

4	Jerry Hall	M	49	17	9.5	27	15.10
5	Jared Gabrish	M	45	10	9.5	27	14.51
6	Chad Dallon	M	42	16	8.8	26	14.16
7	Ben Crabb	M	42	15	8.1	29	13.84
8	Alan Luce	M	44	15	8.7	25	13.82
9	Ryan Davis	M	41	11	7.9	25	12.68
10	Matt Krebs	M	44	16	7.3	21	11.89

50+ yrs

(Female)

1	Bonnie Summers	F	57	9	8.2	27	13.12
2	Jeannine Groll	F	52	14	7.2	29	12.85
3	Shelly Fannesbeck	F	55	10	7.5	26	12.35
4	Penny Tolman	F	57	11	6.9	26	11.84
5	Teresa Swainston	F	58	12	6.8	19	10.75
6	Rachelle Oliverson	F	52	14	7.1	15	10.60
7	Kathie Hudson	F	60	7	7.5	16	10.56
8	Tammy Mendenhall	F	61	10	6.8	16	10.11
9	Cara Gordon	F	57	11	6	19	9.86
10	Barbara Buttars	F	50	8	5.7	16	8.84
11	Alison Bardsley	F	50				DNS

(Male)

1	Daniel Line	M	57	19	9.7	30	15.93
2	Anthony Larson	M	52	13	9.3	34	15.64
3	Christopher Kuester	M	51	13	9.9	29	15.47
4	Craig Hudson	M	53	8	9.6	28	14.59
5	Shayne Larsen	M	54	13	9.6	25	14.55

6	John Apedaile	M	61	16	9	24	14.06
7	Mark Barnett	M	54	17	8.4	26	13.85
8	Mike Oliverson	M	65	5	5.4	18	8.60