

## Youth Soccer Rules

LAW 1 THE FIELD					
PRE-K	U6	U8	U10		
No penalty mark	No penalty mark	No penalty mark	Penalty mark		
60' long x 30' wide	90' long x 60' wide	140 'long x 96' wide	140' long x 96'wide		
*Goals outdoors will be se	ecured to ground.	I			
*Lines are part of the play	ing field.				
	LAW 2 T	HE BALL			
PRE-K	U6	U8	U10		
Size #3	Size #3	Size #3	Size #4		
*Home team is the team l	isted first on the schedule.				
The games ball will be pro	wided by the recreation dep	partment.			
LAW 3 NUMBER OF PLAYERS					
PRE-K	U6	U8	U10		
*No more than 4 on the field	*No more than 5 on the	*No more than 7 on the	*No more than 8 on the		
in 3-year-old league. 5 on the	field. No Goalie	field. 6 v 6 plus goalie	field. 7 v 7 plus goalie		
field in 4–5-year-old league. *Can start with 3.	*Can start with 3	*Can start with 5.	*Can start with 5.		
Free substitution	Substitute between	Substitute between	Substitute between		
anytime.	quarters and halftime.	quarters and halftime.	quarters and halftime.		
*No Goalie					
*In the event of a serious injury game will be stopped and player should be replaced.					
*In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.					
*Goalies can change with any player of his/her team that is already playing.					

LAW 4 PLAYER'S EQUIPMENT					
PRE-K	U6	U8	U10		
*Players must not wear a	nything that is dangerous to	herself/himself or other pl	ayers.		
*Casts can be worn if cov	vered and approved by 1) Re	eferee, 2) Player's coach, 3	) Opposing coach. If any of		
these three objects, then	the player must comply. C	ASTS MUST BE APPROVED	PRIOR TO THE GAME.		
*Soccer cleats can be wo	rn. NO METAL OR TOE CLE	ATS. U6-up cleats or gym s	hoes		
*Pre-K gym tennis shoes o	or soccer cleats may be wo	rn.			
*SHIN GUARDS ARE MAN	DATORY.				
*Jersey must be worn, and	d warm weather clothes ca	n be worn underneath the j	ersey.		
*Goalies need to wear top	o distinguishing them from (	other players and referees.			
	LAW 5	REFEREE			
PRE-K	U6	U8	U10		
Coaches ref the games.	1 Referee	2 Referees	2 Referees		
*Ensure the correct numb	per of players for the start o	f the match. Forfeit time is	5 min. after scheduled		
time.					
*Administers red/yellow of	cards. Let us make it a goal	not to have any of these. T	his is a recreation league.		
Treat players and referees	s with kindness.				
*Act as a timekeeper					
	LAW 6 DURA	TION OF GAME			
PRE-K	U6	U8	U10		
Four 5-minute quarters	Four 8 min quarters	Four 10 min quarters	Four 10 min quarters		
*1 minute interval betwee	en quarters				
*3-minute halftime interv	al				
	LAW 7 F	RESTARTS			
PRE-K	U6	U8	U10		
*Home team chooses	*Home team chooses	*Coin toss determines	*Coin toss determines		
which goal to attack at	which goal to attack at	which goal to attack at	which goal to attack at		
start of game. The away	start of game. The away	the start of game. The	the start of game. The		
team receives the	team receives the	other team receives	other team receives		
kickoff.	kickoff.	kickoff.	kickoff.		
*Goals cannot be	*Goals cannot be	*Goals cannot be	*Goals cannot be scored		
scored on the kickoff.	scored on the kickoff.	scored on a kickoff.	directly from kick off.		
*Defense on own half of f	eld and outside of center c	ircle			
	eld and inside or outside of				
	d or else a re-kick must hap		atter.		
	ball a second time indirect				
*If the kicker touches the					
		& OUT OF PLAY	U10		

LAW 9 METHOD OF SCORING				
PRE-K	U6	U8	U10	
*Cannot score on	*Cannot score on	*Cannot score on	*Cannot score on throw-	
throw-in, kickoff.	throw-in, kickoff, or any	throw-in, kickoff, or any	in, kickoff, or any free	
	free kick since they are	free kick since they are	kick since they are all	
	all indirect.	all indirect.	indirect.	
	*Can score on corner	*Can score on corner	*Can score on corner	
	kicks.	kicks.	kicks.	
	LAW 10	OFFSIDES		
PRE-K	U6	U8	U10	
*No offsides	*No offsides	*No offsides	*Offside position if you	
			are on opponent's half of	
			field and do not have the	
			ball and there are not 2	
			defenders between you	
			and the goal you are	
			attacking.	
			*Cannot be offside on a	
			goal kick, corner kick,	
			throw-in, if you have the	
			ball, or if you are on your	
			half of the field.	
			*Offside position will not	
			be called until you are	
			part of the play. (with or	
			without ball) Indirect	
			free kick.	
	LAW 11 FOULS AI	ND MISCONDUCTS		
PRE-I	K   U6   U8	U10		
	*Direct-kicking or attempting to kick, trip or		ting to kick, trip or attempt	
		<ul> <li>to, jumping at, charging, striking or attempting,</li> <li>pushing, tackles before contacting ball, holding,</li> <li>spitting, touching ball. Any of these occur by</li> <li>defender inside penalty result is penalty kick.</li> <li>*Indirect- Goalie taking more than 6 sec. to get rid of</li> <li>the ball, goalie touching ball after released from</li> <li>possession, goalie touches ball after deliberately</li> <li>played to her/him by teammate, play of dangerous</li> </ul>		
	manner, obstruction, prevent throw-in or g		vent throw-in or goalie	
		release of ball.		

LAW 12 FREE KICKS					
PRE-K	U6	U8	U10		
No Indirect or direct	*Indirect only	*Indirect only	*Indirect		
kicks.			*Direct		
			*Penalty		
*Ball must be stationary b	before played, and kicker de	oes not touch a second tir	ne or indirect awarded to		
opposing team. You don'i	t need to wait for the refere	e signal except for penalty	v kick.		
	LAW 13 PE	NALTY KICK			
PRE-K	U6	U8	U10		
*None	*None	*None	*Law 12 direct offenses		
			in penalty area		
			committed by defending		
			team.		
			*Goalie location		
			*Other player location		
			*Event of infringement		
	LAW 14	THROW IN			
PRE-K	U6	U8	U10		
Re-throw entire year 3	Re-throw entire year 3	Re-throw ½ season.	Re-throw ½ season.		
tries.	tries.				
*100% rule. If 100% is not	in play, the same team re-	throws until the ball is in p	blay.		
*Thrower can't touch the ball before it has touched another player, Indirect kick is awarded.					
LAW 15 GOAL KICK					
PRE-K	U6	U8	U10		
*Defense outside of pena	lty area	•	•		
*Offense can be inside pe	enalty area				
*Kick taken by any offens	ive team member anywhere	e inside goal box.			
*Ball does not become liv	e until 100% has crossed p	enalty area.			
LAW 16 CORNER KICK					
*Distance will be given if a	asked for. *Can score goa	ls directly for all ages.			