



2025 Adult Volleyball Rules & Regulations

General Rules

*FIVB rules will govern play with the following exceptions.
Please refer to the current FIVB rules book for specific questions.*

1. **Timeouts:** Two timeouts per match, per team. Each timeout will be 30 seconds long.
2. **Matches:** The first 5 weeks will be considered season play with each team playing 2 matches per week. Best 2 out of 3 to 25 using rally scoring with a cap of 27. A team must win by at least 2 points unless the cap is reached. The 3rd game will not be played if one team wins the first 2 games. A 3rd game will be played if the first 2 games are split. The 3rd game (if needed) will be played to 15 with a cap of 17. Standings will be kept based on matches not individual games. The team with the best record will be seeded 1st, and so on for tournament play.
3. **Serving:** Let serves are allowed in rally scoring (the ball may hit the net on a serve).
4. Smithfield City Recreation will provide a game ball, scorekeeper, and a referee for each of the matches.
5. All judgment calls by the referee will stand!
6. Each team must have a minimum of 4 players to start any game. Teams are allowed 5 minutes after the scheduled start time to field at least 4 players. Otherwise, they forfeit the match. Players must be at least high school age to participate in the league.
7. In order for a player to be eligible to play on your tournament team, they must have played on your team at least **one full regular season night, or a minimum of 4 individual games.**
8. A player is only eligible to play on one team.