



Youth Soccer Rules

LAW 1 THE FIELD			
PRE-K	U6	U8	U10
No penalty mark	No penalty mark	No penalty mark	Penalty mark
60' long x 30' wide	90' long x 60' wide	140' long x 96' wide	140' long x 96' wide
*Goals outdoors will be secured to ground.			
*Lines are part of the playing field.			
LAW 2 THE BALL			
PRE-K	U6	U8	U10
Size #3	Size #3	Size #3	Size #4
*Home team is the team listed first on the schedule.			
The games ball will be provided by the recreation department.			
LAW 3 NUMBER OF PLAYERS			
PRE-K	U6	U8	U10
*No more than 4 on the field in 3-year-old league. 5 on the field in 4-5-year-old league. *Can start with 3.	*No more than 5 on the field. No Goalie *Can start with 3	*No more than 7 on the field. 6 v 6 plus goalie *Can start with 5.	*No more than 8 on the field. 7 v 7 plus goalie *Can start with 5.
Free substitution anytime. *No Goalie	Substitute between quarters and halftime.	Substitute between quarters and halftime.	Substitute between quarters and halftime.
*In the event of a serious injury game will be stopped and player should be replaced.			
*In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.			
*Goalies can change with any player of his/her team that is already playing.			
LAW 4 PLAYER'S EQUIPMENT			
PRE-K	U6	U8	U10
*Players must not wear anything that is dangerous to herself/himself or other players.			

- *Casts can be worn if covered and approved by 1) Referee, 2) Player's coach, 3) Opposing coach. If any of these three objects, then the player must comply. **CASTS MUST BE APPROVED PRIOR TO THE GAME.**
- *Soccer cleats can be worn. **NO METAL OR TOE CLEATS.** U6-up cleats or gym shoes
- *Pre-K gym tennis shoes or soccer cleats may be worn.
- ***SHIN GUARDS ARE MANDATORY.**
- *Jersey must be worn, and warm weather clothes can be worn underneath the jersey.
- *Goalies need to wear top distinguishing them from other players and referees.

LAW 5 REFEREE

PRE-K	U6	U8	U10
Coaches ref the games.	1 Referee	2 Referees	2 Referees

- *Ensure the correct number of players for the start of the match. Forfeit time is 5 min. after scheduled time.
- *Administers red/yellow cards. Let us make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness.
- *Act as a timekeeper

LAW 7 DURATION OF GAME

PRE-K	U6	U8	U10
Four 5-minute quarters	Four 8 min quarters	Four 10 min quarters	Four 10 min quarters

- *1 minute interval between quarters
- *3-minute halftime interval

LAW 8 RESTARTS

PRE-K	U6	U8	U10
*Home team chooses which goal to attack at start of game. The away team receives the kickoff. *Goals cannot be scored on the kickoff. Home: Red Away: Blue	*Home team chooses which goal to attack at start of game. The away team receives the kickoff. *Goals cannot be scored on the kickoff. Home: Red Away: Blue	*Coin toss determines which goal to attack at the start of game. The other team receives kickoff. *Goals cannot be scored on a kickoff. Home: Red Away: Blue	*Coin toss determines which goal to attack at the start of game. The other team receives kickoff. *Goals cannot be scored directly from kick off. Home: Red Away: Blue

- *Defense on own half of field and outside of center circle.
- *Offense on own half of field and inside or outside of circle
- *The ball must roll forward or else a re-kick must happen. Distance does not matter.
- *If the kicker touches the ball a second time indirect kick is awarded to the other team.

LAW 9 BALL IN & OUT OF PLAY

PRE-K	U6	U8	U10
*100% rule, Entire ball must cross the line to be in/out of play or score a goal.			

LAW 10 METHOD OF SCORING

PRE-K	U6	U8	U10
*Cannot score on throw-in, kickoff.	*Cannot score on throw-in, kickoff, or any free kick since they are all indirect.	*Cannot score on throw-in, kickoff, or any free kick since they are all indirect.	*Cannot score on throw-in, kickoff, or any indirect free kick since these are all indirect.

	*Can score on corner kicks.	*Can score on corner kicks.	*Can score on corner kicks.
--	-----------------------------	-----------------------------	-----------------------------

LAW 11 OFFSIDES

PRE-K	U6	U8	U10
*No offsides	*No offsides	*No offsides	<p>*Offside position if you are on opponent's half of field and do not have the ball and there are not 2 defenders between you and the goal you are attacking.</p> <p>*Cannot be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you are on your half of the field.</p> <p>*Offside position will not be called until you are part of the play. (with or without ball) Indirect free kick.</p>

LAW 12 FOULS AND MISCONDUCTS

PRE-K	U6	U8	U10
			<p>*Direct-kicking or attempting to kick, trip or attempt to, jumping at, charging, striking or attempting, pushing, tackles before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty result is penalty kick.</p> <p>*Indirect- Goalie taking more than 6 sec. to get rid of the ball, goalie touching ball after released from possession, goalie touches ball after deliberately played to her/him by teammate,</p>

			play of dangerous manner, obstruction, prevent throw-in or goalie release of ball.
LAW 13 FREE KICKS			
PRE-K	U6	U8	U10
No Indirect or direct kicks.	*Indirect only	*Indirect only *During goal kicks and when the goalie picks up the ball the opposing team must retreat behind the dotted line until after the kick/release before attempting to intercept the ball.	*Indirect *Direct *Penalty *During goal kicks and when the goalie picks up the ball the opposing team must retreat behind the dotted line until after the kick/release before attempting to intercept the ball.
*Ball must be stationary before played, and kicker does not touch a second time or indirect awarded to opposing team. You don't need to wait for the referee signal except for penalty kick.			
LAW 14 PENALTY KICK			
PRE-K	U6	U8	U10
*None	*None	*None	*Law 12 direct offenses in penalty area committed by defending team. *Goalie location *Other player location *Event of infringement
LAW 15 THROW IN			
PRE-K	U6	U8	U10
Re-throw entire year 3 tries.	Re-throw entire year 3 tries.	Re-throw ½ season.	Re-throw ½ season.
*100% rule. If 100% is not in play, the same team re-throws until the ball is in play. *Thrower can't touch the ball before it has touched another player, Indirect kick is awarded.			
LAW 16 GOAL KICK			
PRE-K	U6	U8	U10
*Defense outside of penalty area *Offense can be inside penalty area *Kick taken by any offensive team member anywhere inside goal box. *Ball does not become live until 100% has crossed penalty area.			
LAW 17 CORNER KICK			
*Distance will be given if asked for. *Can score goals directly for all ages.			